

Tchibo



Cooling pillow

Dear Customer

Your new cooling pillow absorbs body heat, ensuring long-lasting cooling.

The cooling pillow is also perfect for use in the car or when camping.



These instructions contain important information on the use of this product. Read through them carefully as this will optimise the product's lifespan.

Your Tchibo Team

Product number: 731 490

Instructions for use
www.tchibo.de/instructions



Instructions for use

You can use the cooling pillow at room temperature or cool it in the fridge first.

▷ If you want to sleep on the cooling pillow on a warm summer night, we recommend using it at room temperature. Any temperature below body temperature feels pleasantly cool. Store the cooling pillow in a relatively cool place for 2-3 hours before going to sleep. You can lie with your skin directly touching the cooling pillow.

▷ If you have previously cooled the cooling pillow in the fridge, do not use it directly on the skin for longer than 10-15 minutes. For use overnight, place it in a pillow case or keep a T-shirt or nightwear on.

Otherwise, a cooling pillow that has been cooled down to approx. 8 °C may lead to hypothermia if it is in direct contact with the skin for several hours.

- The cooling pillow must not be chilled in the freezer and must not be heated up!

For your safety

Only use the product as described in these instructions to avoid accidental injury or damage. Keep these instructions for future reference. If you give this product to another person, remember to include these instructions.

Intended use

- The cooling pillow is for cooling and comfort and can be used at room temperature or cooled in the fridge before use (approx. 1-2 hours).
- The cooling pillow can be used on both sides.
- The cooling pillow is designed for private use and is not suitable for commercial, therapeutic or medical purposes.
- Max. load: 100 kg.

Consult your doctor!

- If you are already suffering pain or discomfort, have specific issues, such as inflammation of the joints or skin complaints, or are undergoing medical treatment, ask your doctor whether it is safe for you to use the cooling pillow once it has been cooled in the fridge.
- Remove the cooling pillow immediately if you begin to experience pain or discomfort.
- The product must not be used on damaged skin.

- The product must not be used - or must only be used at room temperature - by people who are unable to feel cold properly. Small children react more sensitively to cold than adults. Certain illnesses such as diabetes may also be accompanied by the inability to perceive temperature correctly. Frail or sick people or those with special needs may not be able to call for help if they feel too cold. Therefore, do not use the cooled product for children under 6 years of age, frail or sick people, or people with impaired sensitivity to cold. If in doubt, or if the user suffers from circulatory problems, consult your doctor before use.

DANGER to children

- This product is not a toy. Use permitted from 6 years and over, only under adult supervision. Keep infants away from the product.
- Keep packaging materials out of the reach of children. They pose several risks, including the risk of suffocation!

Caution in case of damage

- The cooling pillow must not be frozen or heated.
- Keep pointed objects or objects with sharp edges away from the cooling pillow. Keep the cooling pillow away from hot surfaces and naked flames.

If gel leaks because of damage to the pillow:

- The gel in the cooling pillow is not toxic, but should not be consumed.
 - If skin comes into contact with the gel, wash the parts of the skin that are affected under running water.
 - Do not continue to use a damaged cooling pillow. Dispose of it in the household waste.
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Cleaning and storing

The cooling pillow will be effective for at least 2 years. Because of drying out and evaporation, the cooling effect reduces over time. To preserve the cooling effect for as long as possible, take note of the following advice:

- Store the cooling pillow in a cool, dark place.
 - Do not expose it to direct heat or sunlight.
 - The cooling effect will be retained for longest if you keep the cooling pillow in the fridge.
- ▷ Wipe the cooling pillow with a damp cloth as required. You can also use a skin-friendly disinfectant for hygiene purposes.

Made exclusively for:

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