

Dear Customer

Your new neck relaxer relieves your spine of the weight of your head and can help to relax your neck muscles.

We hope you enjoy using your new neck relaxer!

Your Tchibo Team

For your safety

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Read the safety warnings carefully and only use the product as described in these instructions to avoid accidental injury or damage.

Keep these instructions for future reference. If you give this product to another person, remember to also include these instructions.

Intended use

The neck relaxer is intended to relieve tension in the neck muscles.

It is not suitable for medical or therapeutic purposes.

The product is designed for home use. It is not suitable for commercial use in sports facilities or in medical/therapeutic institutions.

Consult your doctor!

The neck is a very sensitive area where the vertebrae, nerves and neck muscles meet in a very small space.

- Stop using the product immediately and see your doctor if any of the following symptoms occur: nausea, dizziness, excessive shortness of breath or chest pain. You should also stop using the product immediately if you feel numbness in the limbs, pain in joints and muscles or any other signs of discomfort.
- Not suitable for therapeutic treatment!

Care

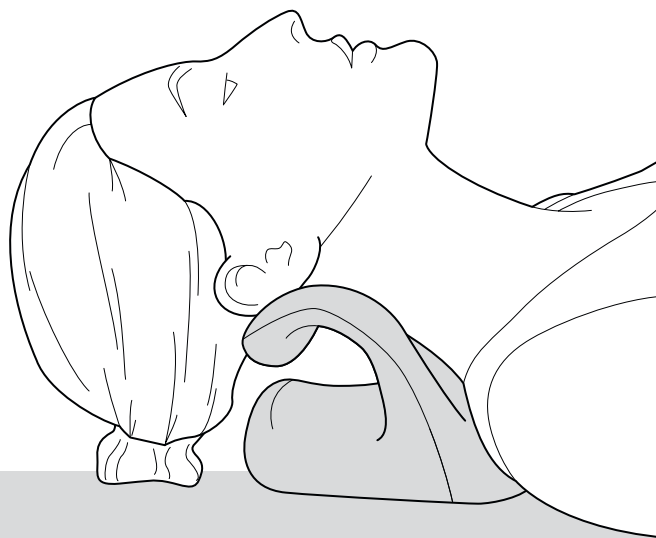
- ▷ Wipe off the product with a damp cloth as needed.

CAUTION - material damage

- Do not overload the product. It is intended exclusively for resting your head on. Do not sit on it, for example.
- Do not use any cleaning agents to clean the product.
- Store the product out of direct sunlight. Do not expose it to temperatures under -10°C or over $+50^{\circ}\text{C}$. You should also protect it from water, extreme fluctuations in temperature, and high levels of humidity.
- Some varnishes, synthetic substances and floor care products may react adversely with the material of the product and soften it. To avoid unwanted marks on the floor, place a non-slip mat underneath the product if necessary and store it e.g. in a suitable box.

Use

1. Lie on the floor or on an exercise mat or similar in a relaxed posture. Position the neck relaxer under your head. Find the most comfortable position.
2. To loosen the muscles, turn your head slowly from left to right and back again a few times.



Product number: 725 177

Made exclusively for:
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