

# Cherry Stone Pillow

en Instructions for use

## Safety warnings

Only use the product as described in these instructions to avoid accidental injury or damage. Keep these instructions for future reference. If you give this product to another person, remember to also include these instructions.

### Intended use

The cherry stone pillow is used for relaxation and well-being. In an oven, the cherry stone pillow absorbs heat and stores this in order to transmit it to the human body later on.

Due to the natural components used in this product, **it is not suitable for people suffering from allergies or immune deficiency.**

The cherry stone pillow is designed for private use and is not suitable for commercial, therapeutic or medical purposes.

Only use the cherry stone pillow on the body up to max. +40 °C and always with its cover. Carefully test the temperature to find the most comfortable temperature for you.

Do **not** use the heated cherry stone pillow for ...

- ... inflammations,
- ... circulatory problems,
- ... febrile illnesses,
- ... decreased nerve sensitivity.

### WARNING!

#### Danger to children

- The cherry stone pillow is not a toy! Use only under adult supervision. Not suitable for children under 36 months.
- The cherry stone pillow may only be heated up by adults.
- Keep the packaging materials out of the reach of children. They pose several risks, including the risk of suffocation!

## Dear Customer



These instructions contain important information on the use of this product. Read through them carefully to ensure that you can keep using this product for many years to come.

## Your Tchibo Team



[www.tchibo.de/instructions](http://www.tchibo.de/instructions)

### Consult your doctor!

- If you are pregnant, already have pain or discomfort, have circulatory problems or are undergoing medical treatment, ask your doctor whether it is safe for you to use the heated cherry stone pillow.
- Remove the cherry stone pillow immediately if you begin to experience pain or discomfort.

### Warning - risk of burns

- The cherry stone pillow can cause burns. Avoid extended periods of direct contact with the skin.  
The product must not be used by people who are unable to feel heat properly. Bear in mind that small children are more sensitive to heat than adults. Certain illnesses such as diabetes may also be accompanied by the inability to correctly perceive temperature. Frail or sick people or those with special needs may not be able to call for help if they feel too warm or cold. Therefore, do not use this product on children under 3 years of age, frail or sick people, or people with impaired sensitivity to heat or cold. If you are in any doubt, consult your doctor before using this product.
- Check the temperature on the inside of your wrist before use. Even low temperatures from 41 °C upwards can lead to skin burns, depending on the duration of use! Always use the pillow **with the cover** and/or over clothing.

### Danger of fire

- The pillow may only be heated in an electric oven. It must never be heated in a microwave or gas oven. Never leave the pillow unattended when heating it up!
- Drying out the pillow or overheating it can damage it or even cause a fire. Therefore, it is vital to adhere to the heating time and temperature specified in these instructions. **Moisten** the pillow each time before you heat it and, if necessary, from time to time during use by sprinkling lightly with water.

## Warning - damage to health


- The product must not be used continuously over a long period of time. Give your body sufficient time to recover before applying the warm cherry stone pillow again.
- The product must not be used on damaged skin.
- The cherry stone pillow is intended for external use only. Its contents must not be ingested.
- Any prolonged exposure to moisture (which may, for example, be caused by perspiration when the product is used by an invalid) must be avoided. There is a risk of mould formation. A strong musty odour or the formation of spots of mildew can indicate the presence of mould. If allergies or respiratory illness of unknown origin ensue, refrain from using the cherry stone pillow.

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## Use

- ▷ Attention! Check the cherry stone pillow for damage prior to every use. Discontinue use if the pillow is damaged.

### Heating the pillow

1. Remove the pillow from its cover.  
Sprinkle a little water (using a spraying bottle if necessary) onto the pillow. It should only be slightly moistened and only on the surface.
2. Put the cherry stone pillow into an oven that is preheated to 100 °C for approx. 3-5 minutes. Do not leave it unattended during this time.  
 The humidifying and aromatic effects of heating are part of the cherry stone pillow's appeal.
3. After heating the pillow, use a thin cloth to handle the pillow to avoid injury due to high temperatures. Then check the temperature. Allow a pillow that is too hot to cool down before use.
4. Place the cushion into its cover.

### Use

- Never place the cherry stone pillow directly on your skin! Always place it inside its cover before use.
  - Check the temperature with the back of your hand or on the inside of your wrist prior to use. If necessary, place an additional cloth between pillow and skin.
- ▷ Place the cherry stone pillow on the desired part of the body.

## Care

- Wash the cover by hand as required. Follow the sewn-in care instructions.
- The filled pillow itself must not be washed. If necessary, wipe it with a damp cloth. Air it out from time to time. Store it in a cool place in a normal indoor climate. Avoid direct sunlight or heat from radiators, which can cause the pillow to dry out. Also avoid too much moisture to prevent the formation of mould.

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