

Cherry stone bed slippers

en Instructions for use

Safety warnings



Only use the product as described in these instructions to avoid accidental injury or damage. Keep these instructions for future reference. If you give this product to another person, remember to also include these instructions.

Intended use

The cherry stone bed slippers are used for relaxation and well-being. In an oven, the cherry stone inserts absorb heat and store this in order to transmit it to the human body later on.

Suitable for shoe sizes 37-42.

Due to the natural components used in this product, **it is not suitable for people suffering from allergies or immune deficiency.**

The cherry stone bed slippers are designed for private use and are not suitable for commercial, therapeutic or medical purposes.

- Only use the cherry stone inserts on the body up to max. +40 °C and always with the bed slippers. Carefully test the temperature to find the most comfortable temperature for you.
- If you wish to use the cherry stone inserts without the bed slippers on other parts of the body, **never place the inserts directly on your skin!** Place them over your clothing, or place a towel between them and your skin.
- Do **not** use the heated cherry stone inserts for:

... inflammations,
... circulatory problems,
... febrile illnesses,
... decreased nerve sensitivity.

WARNING!

Danger to children

- The cherry stone bed slippers are not a toy! Use only under adult supervision.
Not suitable for children under 36 months.

Dear Customer



These instructions contain important information on the use of this product.
Read through them carefully to ensure that you can keep using this product for many years to come.

Your Tchibo Team



www.tchibo.de/instructions

- The cherry stone inserts may only be heated up by adults.
- Keep the packaging materials out of the reach of children. They pose several risks, including the risk of suffocation!

Consult your doctor!

- If you are pregnant, already have pain or discomfort, have circulatory problems or are undergoing medical treatment, ask your doctor whether it is safe for you to use the heated cherry stone inserts.
- Remove the cherry stone inserts immediately if you begin to experience pain or discomfort.

Warning - risk of burns

- The cherry stone inserts can cause burns. Avoid extended periods of direct contact with the skin.

The product must not be used by people who are unable to feel heat properly. Bear in mind that small children are more sensitive to heat than adults. Certain illnesses such as diabetes may also be accompanied by the inability to correctly perceive temperature. Frail or sick people or those with special needs may not be able to call for help if they feel too warm or cold. Therefore, do not use this product on children under 3 years of age, frail or sick people, or people with impaired sensitivity to heat or cold. If you are in any doubt, consult your doctor before using this product.

- Check the temperature on the inside of your wrist before use. Even low temperatures from 41 °C upwards can lead to skin burns, depending on the duration of use! Only use the inserts **with the bed slippers** and/or over clothing.

Danger of fire

- The inserts may only be heated in an electric oven. They must never be heated in a microwave or gas oven - and only without the cover (bed slippers). Never leave the inserts unattended when heating them up!
- Drying out the inserts or overheating them can damage them or even cause a fire. Therefore, it is vital to adhere to the heating time and temperature specified in these instructions. **Moisten** the inserts each time before you heat them and, if necessary, from time to time during use by sprinkling lightly with water.

Warning - damage to health

- The product must not be used continuously over a long period of time. Give your body sufficient time to recover before wearing the warm cherry stone bed slippers again.
- The product must not be used on damaged skin.
- The cherry stone bed slippers are intended for external use only. The contents of the inserts must not be ingested.
- Any prolonged exposure to moisture (which may, for example, be caused by perspiration when the product is used by an invalid) must be avoided. There is a risk of mould formation. A strong musty odour or the formation of spots of mildew can indicate the presence of mould.
If allergies or respiratory illness of unknown origin ensue, refrain from using the cherry stone bed slippers.

Use

- ▷ Attention! Check the cherry stone inserts for damage prior to every use. Discontinue use if an insert is damaged.

Heating the inserts

1. Remove the inserts from the bed slippers. Sprinkle a little water (using a spraying bottle if necessary) onto the inserts. They should only be slightly moistened and only on the surface.
2. Put the inserts into an oven that is preheated to 100 °C for approx. 3-5 minutes. Do not leave them unattended during this time.
i The humidifying and aromatic effects of heating are part of the cherry stone inserts' appeal.
3. After heating the inserts, use a thin cloth to handle them to avoid injury due to high temperatures. Then check the temperature. Allow an insert that is too hot to cool down before use.
4. Place the inserts into their covers.

Use

- Check the temperature with the back of your hand or on the inside of your wrist before putting on the bed slippers. If necessary, wear socks too.
- ▷ Place the cherry stone bed slippers on your feet.

Care

- Wash the bed slippers (without the inserts) by hand or on a gentle cycle at max. 30 °C, as required. Follow the sewn-in care instructions.
- The filled inserts themselves cannot be washed. If necessary, wipe them with a damp cloth. Air them out from time to time. Store them in a cool place in a normal indoor climate. Avoid direct sunlight or heat from radiators, which can cause them to dry out. Also avoid too much moisture to prevent the formation of mould.

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