

Vibration Alarm Wristband

Dear Customer,

You can wear your vibration alarm wristband on your wrist around the clock. The vibration alarm only wakes you up - not your partner - and the reminder function is discreet enough to use even during a meeting, reminding you to take medication or stay hydrated and helping you keep track of personal appointments. You can set up to ten different individual or recurring alarms, and the timer is ideal for timing your interval training and breaks, among other things.

Your Tchibo Team

For your safety

Read the safety warnings carefully and only use the product as described in these instructions to avoid accidental injury or damage. Keep these instructions for future reference. If you give this product to another person, remember to also include these instructions.

Danger to children

- Children are not aware of the risks involved in handling electronic devices incorrectly. Therefore, keep children under eight years of age away from the product.
- Keep packaging materials out of the reach of children. They pose several risks, including the risk of suffocation!

Danger due to electricity

- The product is dustproof and waterproof and complies with protection type IP65. You can wear it during everyday activities such as showering, washing up or washing your hands. However, the product must not be submerged in water or exposed to strong jets of water. Do not wear it whilst bathing, swimming or diving, in thermal baths, saunas (steam rooms) or in environments with extreme temperatures or humidity levels.
- Do not charge the product outdoors or in a damp environment.
- To charge the product, only use a USB mains adapter (not included) that complies with the technical specifications of the product.
- Only connect the USB mains adapter to a properly installed power socket whose voltage complies with the technical specifications of the device.
- The power socket used must be easily accessible so that the product can be unplugged quickly if needed.
- Do not take the product apart. Do not make any modifications to the product. Improper repairs can result in considerable risks to the user.

The product contains a rechargeable lithium battery. There is a risk of leakage, gas release, explosion and fire:

- For safety reasons, the rechargeable lithium battery is firmly built into the device and cannot be removed without destroying the casing. There is a risk of explosion if the battery is replaced incorrectly.
- **Warning!** Rechargeable lithium batteries can catch fire, explode or leak, or gas can escape ...
 - ... if they are exposed to extreme heat, such as sunlight, fire, etc., or extremely low air pressure during use, charging, storage or transport. Only use the product under moderate climatic conditions.
 - ... if they are taken apart, crushed, thrown into fire or short-circuited.
- Do not modify and/or deform/heat/dismantle/forcibly discharge rechargeable batteries. Do not allow damaged rechargeable batteries to come into contact with water.
- Use the device as described in these instructions for use.
- Protect the device from knocks, falls, dust, moisture, direct sunlight and extreme temperatures.
- Do not charge the product in the vicinity of explosive gases.

- Damaged batteries can leak. If a rechargeable battery has leaked, avoid all contact with skin, eyes and mucous membranes. If necessary, rinse the affected areas with water and consult a doctor immediately.

Material damage

- Do not use caustic or abrasive agents or hard brushes, etc. for cleaning. If necessary, wipe the product with a damp cloth. Dry it carefully with a soft cloth before putting it back on.

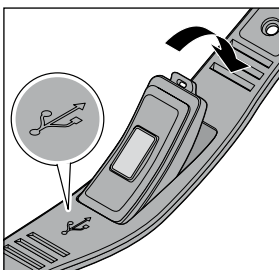
Note

- The USB connection on the product cannot be used to transfer data. It is intended solely for charging the rechargeable battery.

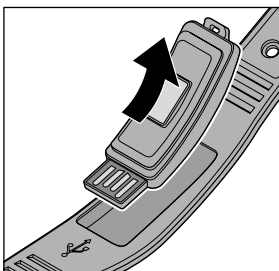
Charging the battery

To avoid damage to the built-in rechargeable battery, it is not fully charged upon purchase. Charge the battery fully before using the product for the first time.

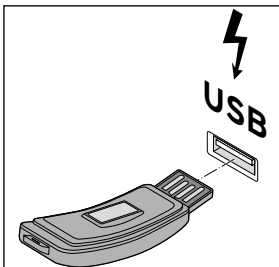
- Remove the vibration alarm clock from the wristband. To do so, turn the wristband over so the underside is facing you and make sure that you follow the steps in the correct order.



1. Pull the wristband up and off the vibration alarm clock as shown.



2. Then pull the vibration alarm clock up and out of the wristband.



3. Connect the USB plug on the vibration alarm clock to a USB-A port on a suitable mains adapter (see "Technical specifications"). Make sure that the contacts on the plug are aligned with the contacts in the port.

4. Insert the mains adapter into a suitable mains socket.

The button is deactivated during charging; no other functions are available.

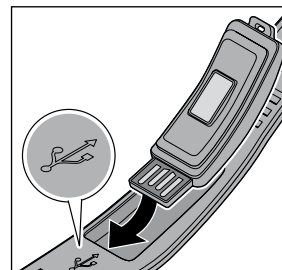


- The device vibrates **3x** when the charging process starts.
- The display shows the charging progress (e.g. here **99%**).
- The battery symbol flashes during charging.
- When the display shows **100%** and the battery symbol is lit continuously, the battery is fully charged.
- The display turns off after approx. 1 minute.

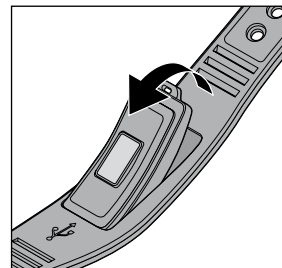


- While the device is still connected to the mains, you can press the button **1x** briefly to view the battery charge level (here **100%**).
5. Remove the mains adapter from the mains socket and the vibration alarm clock from the mains adapter.

- Insert the vibration alarm clock back into the wristband.



1. First, insert the bottom of the vibration alarm clock into the wristband as shown.



2. Then pull the wristband back over the top of the vibration alarm clock.

The battery needs to be recharged when the battery symbol flashes on the display.



- To check the battery charge status when the device is not connected to the mains, briefly press the button **2x** when the display is off. The current charge status then appears on the display (here: **30%**).

We recommend charging the device when the charge level is **< 30%**.



If the charging indicator does not light up and vibrate **3x** after connecting to the mains, press the button **2x** to activate the battery interface. If necessary, disconnect the device from the mains adapter and reconnect it. Ensure the correct orientation.

Disposal

The product, its packaging and the built-in rechargeable battery have been manufactured from valuable materials that can be recycled. Recycling reduces the amount of refuse and preserves the environment. Dispose of the **packaging** at a recycling point that sorts materials by type. Make use of the local facilities provided for collecting paper, cardboard and lightweight packaging.



Devices, single-use batteries and rechargeable batteries marked with this symbol must not be disposed of along with household waste! You are legally obliged to dispose of old devices separately from household waste. Electronic devices contain hazardous substances and, if stored or disposed of improperly, may cause harm to health and the environment. Information about collection points where old devices can be disposed of free of charge is available from your local authorities. Flat single-use and rechargeable batteries must be handed in at a local authority collection point or returned to a battery retailer. Tape off the contacts of lithium single-use/rechargeable batteries prior to disposal.

Warning! This device contains a battery that, for safety reasons, is firmly built into the device. It cannot be removed without destroying the casing. Improper disassembly leads to safety hazards. For this reason, take the device intact to a collection point where the device and battery will be disposed of properly.



www.tchibo.de/instructions

Using the display and configuring the device

When the display is switched on, it always shows the time first and then switches automatically to the date.

Each screen is only shown for a few seconds and the display then switches off again unless the button is pressed again.

Navigating the display in different modes:

Press the button briefly:

Switch the display on;
in **display mode**, switch between
➤ **Time/date**
(Display switches over 1x)
➤ **Battery charge status**
➤ **Alarm 1 to 10**
➤ **Off**.
in **setting mode**, move upwards
through the numbers until you reach
the highest possible number - the display
then starts again from the lowest
number;
Timer: start/pause/resume/switch on
display after auto off; **Alarm**: choose
between on (**ON**) and off (**OF**).
in **display mode**, go to the settings or
timer;
Timer: reset to zero; exit timer.
in **setting mode**, save the setting.

Press and hold the button:

Setting the time

If you do not press the button for approx. 5 seconds, the clock saves the configured settings and the display switches off.



Press the button as follows ...

1. ... **1x short press** -
1x long press the top digits for the hour flash.
2. ... **briefly** repeatedly the numbers are displayed in sequence.
3. ... **1x long press** the desired number is saved and the bottom digits for the minutes flash.

4. Follow these steps to configure the **hours** ➤ **minutes** ➤ **month** ➤ **day** ➤ **year**.

The year can be set from 2026 to 2036.

Timer function

Press the button as follows ...



1. ... **2x short press** -
1x long press the timer function is displayed with the minutes at the top and seconds at the bottom - all on zero to start with.



2. ... **1x short press** starts and stops the timer; if pressed again within 10 seconds, the timer continues, otherwise the display switches off.
3. ... **1x long press** the display resets to zero and can be restarted with **1x short press**.

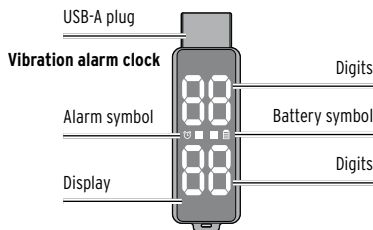
To save power during a long time measurement, the display switches off automatically after 10 minutes, whilst time measurement continues. Press the button **1x briefly** to switch the display back on for a further 10 minutes.
The maximum measurement time is 59:59 mins/sec. After this, the timer switches off automatically.
If an alarm has been set and occurs during the measurement period, the timer function ends automatically and the alarm is triggered (see section "Turning off the alarm").

Setting alarm times

You can set ten different alarm times - either as a recurring alarm for the whole week or just for selected days of the week by excluding the days that are not needed (days of the week: 1 = Monday - 2 = Tuesday - 3 = Wednesday, etc. through to 7 = Sunday). To set different alarm times for a particular day of the week, you must set a new alarm for each time.



- Press the button as follows ...
1. ... **3x short press** -
1x long press for the **1st** alarm; when setting for the first time, only dashes will appear on the display
 2. ... **briefly** repeatedly the top digits (hours) are displayed in sequence.
 3. ... **1x long press** the number is saved; the bottom digits flash for the minutes.



Time/date: hour/month - Timer: minute -
Alarm: hour/day of the week (1...7)

Time/date: minute/day - Timer: second -
Alarm: minute/on or off (**ON** or **OF**)

4. ... **briefly** repeatedly

the numbers (minutes) are displayed in sequence.
the number is saved; the top digit flashes for the day of the week (1=Monday), **ON** is set below by default, i.e., the alarm would go off every Monday at the set time.



5. ... **1x long press**

➤ If you now wait until the display switches off, the preset **ON** is applied to all subsequent days of the week (Tuesday to Sunday).
To exclude certain days, press the button as follows ...



6. ... **briefly**
as often as necessary

until the number of the day of the week that you want to exclude is shown.

7. ... **1x long press**

until the number stops flashing, then ...

8. ... **1x short press**

OF (off) flashes below.

9. ... **1x long press**

to confirm, the next day of the week flashes.

10. Repeat **steps 6 to 9** until you have excluded all days of the week on which the alarm is not needed. Then simply wait until the display switches off: All settings have been saved. When you have been through all the days of the week and have also confirmed Sunday with 1x long press, the display automatically switches off.

If you set a time for an alarm but set all days of the week to **OF** (off), the alarm will go off only once on the same day. The entry will be deleted once the alarm has gone off.

You cannot go directly to the next alarm because pressing the button moves you between settings within the current alarm or, once you have finished, the display automatically switches off.

➤ To set another alarm, press the button as follows ...

- ... **4x** short press for the 2nd alarm
- ... **5x** short press for the 3rd alarm, etc. through to
- ... **12x** short press for the 10th alarm.
- ... Configure the settings for each alarm as described above.

➤ To modify an alarm, press the button as follows ...

- ... **briefly**
as often as necessary until the relevant alarm is displayed.
- ... **1x long press**
until the number of hours flashes. You can now modify this by **pressing the button briefly** as necessary or repeatedly **press and hold** the button until you reach the setting that you want to change.

Switching off the alarm

At the set time, the alarm begins to go off with brief vibration pulses and the alarm time is displayed. The alarm switches off automatically after 1 minute.

➤ To switch off the alarm, **briefly** press the button.

Problems / solutions

- No response when you press the button?
Is the rechargeable battery flat? Charge the battery fully.
- The alarm does not go off at the set time?
Is the day of the week set to **ON**?
Is the date - month, day and year - set correctly?
- The alarm vibrations are very weak or non-existent?
Is the battery charge status low? If the battery charge status is below 30%, the vibrations will not be triggered. Only the display showing the time will be activated. Charge the battery fully.
- The rechargeable battery will not charge?
Have you inserted the plug into the USB port of the mains adapter the right way round? The contacts on the plug must be in contact with the contacts in the port.

Product number: 764 813

Made exclusively for:
Tchibo GmbH, Überseering 18,
22297 Hamburg, Germany



Are the plug contacts dirty? Wipe the contacts clean with a cloth. Take care not to touch the contacts with your fingers, as the natural oils on the skin can impair conductivity.

Resetting / clearing all alarms

If the device is not working properly, the alarm does not go off or the device vibrates incessantly, or you wish to **delete** all the set alarms, you can reset the device.

- Hold the button down for at least 15-20 seconds until all the LEDs on the display light up and the device vibrates.
To check afterwards whether the reset was successful, press the button briefly several times. The alarm settings should now all be blank.
(If the device still does not work or alarms are still set, the reset was not successful. Press and hold the button again.)

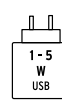
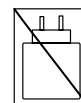
Technical specifications

Model:	764 813
Rechargeable battery:	lithium-polymer 3.7 V/90 mAh Watt-hour rating: 0.33 Wh Weight: 2.2 g (tested as per UN 38.3)
Input:	5 V 1 A (the symbol indicates direct current)
Charging time:	approx. 2.5 hours
Battery life:	20-25 days (depending on usage)
IP code:	IP65
Ambient temperature:	+10 to +40 °C

USB mains adapter (not included)

Input:	AC 100-240 V 50/60 Hz
Output:	DC 5.0 V 1.0 A

Only use a protection class II mains adapter approved for use with household appliances for charging. The power output of the charger must cover a range from 1 watt (minimum output required) to 5 watts (output required for the maximum charging speed).



Information about the rechargeable battery (non-removable)

Manufacturer:	Shenzhen Chihai Technology Co., Ltd.
Address:	No. 10, Wudupu 5th Lane, Qingshui Road, Longxi Community, Longcheng Street, Longgang District, Shenzhen, Guangdong, P.R.China
Email:	35754761@qq.com
Manufacturing date:	05/2026
Made in:	China

The battery contains substances classified as hazardous under EU chemicals legislation. These include lithium compounds and a flammable electrolyte system (e.g. lithium cobalt oxide and lithium hexafluorophosphate).

Hazardous substances present:

Under normal conditions of use, the battery does not present a hazard. If damaged, punctured or improperly handled, the battery may release corrosive and irritating substances.

Usable extinguishing agent:

In case of fire, use dry chemical extinguishers. Carbon dioxide (CO2) extinguishers are also suitable. Water may be used with caution, as burning particles may be ejected.

The battery contains critical raw materials as defined under EU legislation, including lithium, cobalt, natural graphite, copper and nickel, each present in concentrations exceeding 0.1 % (w/w).

This battery contains lead (Pb), cadmium (Cd) and mercury (Hg) at levels below regulatory limits: Pb <0.01%, Hg <0.001%, Cd <0.002%.